



SPRING AEROBIC SCHEDULE 2012

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 am	Zumba V. Enriquez Step It Up G. Villa	Zumba Toning V. Enriquez	Zumba V. Enriquez Drums Alive G. Villa	Zumba Toning V. Enriquez	Zumba m. King Freestyle G. Villa	
9:00 am	Zumba M. Rodriguez Bootcamp E. Avila	Zumba M. Rodriguez	Zumba M. Rodriguez Bootcamp E. Avila	Zumba M. Rodriguez	Zumba M. Rodriguez Bootcamp E. Avila	Muscle Cuts A. Montoya
10:00 am	Muscle Cuts E. Avila	Yo-Chi E. Avila	Muscle Cuts E. Avila	Yo-Chi E. Avila	Muscle Cuts E. Avila	Zumba M. Rodriguez
11:00 am		G. Villa		G. Villa		
2:00 pm		Kettle Bell C. Dopp		Kettle Bell C. Dopp		
4:30 pm	Step Shake-n-sweat S. Elmore	Bootcamp L. Marshall	Step Shake-n-sweat S. Elmore	Bootcamp L. Marshall		
5:30 pm	Kickbox R. Ramos	Muscle Cuts A. Montoya	Kickbox R. Ramos	Muscle Cuts A. Montoya		
6:30 pm	Zumba E. Avila	Zumba Toning E. Avila Yoga A. Arredondo	Zumba E. Avila	Zumba Toning E. Avila Yoga A. Arredondo		



WATER AEROBICS SCHEDULE 2012

8:00 am	M. Millwood Monday-Thursday			
9:00 am 10:00 am	T. AGUIRRE Monday-Thursday			
5:30 pm	A. BECERRA Monday-Wednesday	M. VILLARREAL Tuesday-Thursday		
	AQUA ZUMBA			
6:30pm- 7:30pm	Monday and Wednesday		For information: 335-6348	